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REVIEW OF PUB 48 DOWNLOAD THE POWER OF ASHTANGA YOGA DEVELOPING A

- I'm almost 40 years old and first came across this book when I was a mere 10. The very first book was bigger and had the famous blue and white blocks on the front. I am glad that the pictures are still the same. But the only thing that was disappointing.. print marks on the edges and across the page. I bought this book brand new and though the photos are pretty good, the book is marred. This book was also thicker and that was what I was hoping for. I did see the movie on IMAX and though it was a Disney film, it was pretty good. Not enough racing and the Belmont stakes he was so well known for terribly slices deep into taking away the furlongs that were greater and greater as he ran. They should have used more live footage with today's technology and should have had a bio on the horse. *sigh*

- Very little historical information; instead, mostly dated rants, opinions, and ah, yes, information about what Frank ate for dinner, if that strikes your fancy. It was somewhat interesting, however, to read Frank's reasoning concerning the whole PMRC/Tipper Gore/censorship thing, that it was being used to draw attention from other legislation that was much more evil.