

The In Sync Diet

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REVIEW OF THE IN SYNC DIET

- I find Michael Crichton's books extremely fascinating because they are some of the very few massmarket books written for intelligent people. This book is a different twist from his usual works, it in many ways reminds me of Eric Segal-- must be the Harvard Med connection. It opened my eyes to a "new age" way of looking at things--he has written the first book I have ever read on the subject without a "fruitcakey" approach to it.
- I honestly don't get the appeal of these books. Why bother making (or reading) black & white reprints of classic four-color comics...? I mean, yeah, the stories are still great and the original comics are hard to find, but a huge part of what made these comics great was the eye-popping artwork, including the bright primary colors: reading them in dull B&W; is just plain wrong. Sure, the printing costs are lower, so you can get more pages for your money, but it's more pages of boring, not more pages of fun. It's really a travesty. On the other hand, it recently occurred to me that these could be used as coloring books... Maybe you could buy a box of crayons to go along with all the artwork that the publishers ruined in this format. (Axton)