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### REVIEW OF CUMMINS ENGINE TIMING

- The first page of this book is a list of quotes from leading experts and professionals in Christian marriages and families. Drs. Les and Leslie Parrott, from Seattle Pacific University, hail this book as uncovering the secrets of the inner lives of men. "Shaunti Feldhahn has uncovered a mountain of meaningful information for any woman wanting to understand men at a profound level," they said. According to Bob Reccord, president of the North American Mission Board, this book is even said to have the power to "revolutionize your marriage!" I happened to miss these quotes when I first read the book and, to be quite blunt, now that I have read this book I can honestly say it did have a profound impact on me - and my upchuck reflex. I shudder to think that this book is on the best-seller list and that hundreds of thousands of men and women are reading this propaganda. Not only are they reading it, they are believing it because she has the "scientific proof" to back it up! In as little space as I am given in this response, let us examine Feldhahn's take on sex and the male mind.Feldhahn believes that the lack of sex men are experiencing in their marriages is a "crisis." A crisis. Along the lines of the September 11th terrorist attack? Or the tsunami that washed over

Southeast Asia? Nope. We have the real crisis right here in America! Men aren't getting enough sex! It's a crisis, according to Feldhahn, because men who do not have sex with their wives as often as they need it are not able to develop a secure, emotionally intimate relationship with their significant other. Lack of sex breeds "secret feelings of inadequacy. Making love assures him that you find him desirable, salves a deep sense of loneliness, and gives him the strength and well-being necessary to face the world with confidence" (pp. 92-93). Feldhahn goes on to state, "Your lack of desire can send him into depression" (p. 101). Yep, that's right. Straight out of a night-time soap opera off the WB...oh, wait! Silly me! These are statements from a Christian woman who is trying to "help" husbands and wives develop deeper, more intimate relationships. What's wrong with these statements? Let's discuss them on a few levels. First, statements such as these are too reductionistic. A statement that assumes men are only able to emotionally connect with their spouse or significant other through sex reduces men to walking penises! Furthermore, it is quite insulting to the emotionally mature male who is able to connect with his wife with his mind and soul, not simply with his genitals. Second, these statements are a cruel manipulation of women. It shifts all responsibility for the development of emotionally mature relationships to women. The man is insecure. He apparently is not clever enough to get his needs met by any other means, so the woman has to offer her body as a way to begin the connection process. What a great lesson we are teaching our young women and girls. It used to be said that the best way to a man's heart was through his stomach. Not so today. The best way to a man's heart is through his penis. This is fodder for a dangerous fire. "If you have sex with me, I'll know that you really love me." Now, the experts are telling us that our grandmothers were lying. A man really will connect with us emotionally if we sleep with him. Third, if these statements were true, if men were looking for a deep, emotional, lasting connection through sex, why are there so many single, sexually-experienced men? If a true emotional connection was found through sex, such that the deep feelings of inadequacy and loneliness were healed, why do men often find it necessary to have sex with multiple partners? If the need for a deep emotional connection was met through sex, why then the woman with whom he first had sex should be enough. To sleep with woman after woman would leave emotional scars that would only tear down the confidence and self-worth that he has built up through sex. It's a catch-22. Fourth, Feldhahn's conclusion that a woman's lack of desire can send her male partner into depression shows a clear disregard for ethical research. Other than her survey, there is no empirical

causal support for her claim. This is simply one of many manipulative statements Feldhahn makes under the guise of "good research." I am horribly disappointed that this message is being sent out into the world. There is an underlying "good" here that is twisted in a package that will be ultimately damaging to our children and to ourselves. Yes, we must be careful of our spouse's emotional, physical, sexual, and relational needs. But we must do this out of love and respect that is guided by a sense of mutuality in the marriage relationship, not by catering to an unhealthy sense of self-worth that is so pervasive in the responses of Feldhahn's participants. Feldhahn has taken these unhealthy responses and twisted them into normal "healthy" responses that women must then take care of through their behavior and appearance. We should not buy into this myth. Rather, we should take seriously the feelings of low self-esteem, poor attachment, and an un-Biblical view of the role of women in a marriage relationship that were demonstrated by the participant's responses and work to improve the messages we are sending the men in our society.

- I don't know what caught my eye about this book but I picked it up, got a mocha and sat down at the book store and read it from cover to cover. I have been divorced for 21 years, am not a christian and am a feminist; and I really wish I would have had this book 35 years ago. It's insight and revelations into men's thoughts and fears have honestly astonished me. Who would have thought that men would have such fears and hopes regarding a loving and balanced relationship? If what I've read in this book and the resulting comments written about this book are the way a majority of men feel, maybe I have some serious rethinking to do. As I read it, all I could think of was, "Ah, I get it now!" While there are some things I don't necessary agree with, it's a book I couldn't put down. As to the person who wrote that she was disappointed that it is not a more biblical book; if it had more more biblical I would put it down after only a couple of pages. I also disagree with the person who wrote that non-christians wouldn't be interested in it, ah - wrong again. I think any book that can challenge the mind to rethink long held and possibly not accurate opinions is a book worth reading. The book was written to give married and, I feel, single women an insight into the world of men, what could be better? No, this book isn't the end all and be all book of relationship solutions, but it's certainly a great start on understanding the way men feel and think. I am buying the book for my daughter and daughter-in-law. I haven't read "For Men Only" but you can bet I will and my boys will get that book.