

# E 3 C Workout Greg Mumm Admart

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**REVIEW OF E 3 C WORKOUT GREG MUMM ADMART**

- This book has it all: non-stop action, zany characters, colorful dialogue, who-dun-it mystery and the hint of romance to come. And the tongue-in-cheek look at the strip club industry -- where the main character centers her inner child before coming on stage dressed like Little Bo Peep -- had me falling on the ground laughing. Women will love the independent, tough-minded but sensitive Sierra. And guys will too, if they're man enough to handle her....

- No, not the story. The story was good. I'm talking about the book itself. It was so old that the glue holding it together dried out. I came late to the stories of Conan. That was in the early 1980s. 1982 if I'm not mistaken. It even inspired me to write my own stories about a barbarian of my own. In this book, Conan's 60. The ghost of his guardian angel, Epimetheus the Sage, comes to him in his sleep and tells him to abdicate in favor of his son, Prince Conn, who's Conan's heir. Conan writes the letter of abdication and sets out to fight the Red Terror, a magical plague that's spread across the world by the sorcerer priests of the remnants of Atlantis. Conan fights them but we don't know if he wins or loses.