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*Goodbye, Things: The New Japanese Minimalism: Amazon.co.uk ...*

Written by Fumio Sasaki, Goodbye, Things was just released here in the US on April 11, after being published in Japan in 2015 and selling over 150,000 copies. In many ways, Goodbye, Things feels like the more radical child/cousin/best friend of Kondo's global blockbuster, The Life-Changing Magic of Tidying Up.

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Goodbye, Things by Fumio Sasaki is a breath of fresh air. It opened my eyes to the universal nature of minimalism and to the Japanese culture. And, it's written by someone who isn't a well-known author, speaker, top simple living leader, or Zen Buddhist teacher like Haemin Sunim. Fumio Sasaki is 35 years old, male, single, Japanese, and lives in Tokyo.

*Goodbye Things The New Japanese*

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## REVIEW OF GOODBYE THINGS THE NEW JAPANESE MINIMALISM BY FUMIO SASAKI

- Having traveled to Mexico, to places like Agua Azul and Merida, I can really identify with Ms. Morris' account of her life in South America. All of the general details are true, of course, but the author is quite a unique woman, and though I think her memoirs are a must-read, she seems to be a person who remains a mystery to herself, and I wonder how and why she ever made some of the journeys she did under the conditions she had to endure. I suppose she is the ultimate journalist: able to get to the heart of others while never shining the light directly into her own being. A thoroughly engrossing and transcendent read!

- This was one of those books that I read through as fast as I could to get it over with. I had a hard time connecting with a few of the main characters in the book. The author seemed to try to strike a balance between giving us a rich environment and well developed characters, but it just did not work for me. I did like the strong female characters. As for the stone, the "Interim" paragraphs at the end of each chapter actually took away from the stories, because it absolutely caused a disconnect between where the stone was and where it ended up.