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The Living Tradition of Norse Paganism Seidr - the Gate Is OpenWorking with Trance Prophecy, the High Seat, and Norse WithcraftSeidr is the intriguing and powerful early Norse system of shamanistic trance practices. In this book, Katie Gerrard has contributed major work on the practices of seidr and trance prophecy, providing a practical manual full of dynamic group rituals and techniques based on known Seidr practices.Nine Worlds of Seid-MagicEcstasy and Neo-Shamanism in North European Paganism

A Radical New Take On Norse Paganism The Way of Fire and Ice reimagines Norse Paganism with mystical practices and rituals for today's world as well as tips for building community and resisting fascism. This approach to working with Norse deities and beliefs is a living, adaptable tradition, representing a strong alternative to the reconstructionist perspectives of Asatru and Heathenry. In these pages, the old ways come alive in a radically inclusive form. You will explore the secrets of the World Tree and the mysteries of the gods, work with the many spirits around us, and feel the deep rhythms that drive all life while creating new songs of power. You will also discover how to make these practices part of your every waking moment, developing your own personal spirituality and building healthy, sustainable communities along the way.

Ancient Spiritual Practices of the Northern Tradition John Hunt Publishing

Seidr - the Gate Is OpenWorking with Trance Prophecy, the High Seat, and Norse Withcraft

Myths of the Norsemen Walter de Gruyter GmbH & Co KG

Valkyries: the female supernatural beings that choose who dies and who lives on the battlefield. They protect some, but guide spears, arrows and sword blades into the bodies of others. Viking myths about valkyries attempt to elevate the banality of war – to make the pain and suffering, the lost limbs and deformities, the piles of lifeless bodies of young men, glorious and worthwhile. Rather than their death being futile, it is their destiny and good fortune, determined by divine beings. The women in these stories take full part in the power struggles and upheavals in their communities, for better or worse. Drawing on the latest historical and archaeological evidence, Valkyrie introduces readers to the dramatic and fascinating texts recorded in medieval Iceland, a culture able to imagine women in all kinds of roles carrying power, not just in this world, but pulling the strings in the otherworld, too. In the process, this fascinating book uncovers the reality behind the myths and legends to reveal the dynamic, diverse lives of Viking women.

single most important text on seiðr - the European 'shamanistic' tradition. This is the only book that explains them both with remarkable depth and clarity. A must read for anyone who seeks to rekindle Heathenry's spiritual fire in their every day life!

<u>Seidhr Sprehhan</u> Holmes Publishing Group Llc

Daphne Hewson and Michael Carroll highlight the importance of Reflective Space as one of six supervisory spaces (others being Directive, Evaluative, Passive, Restorative and Active Space). They provide guidelines on creating safe Reflective Space and using a range of mini-tools to invite practitioner's to learn from their professional experiences.

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EASE WITHIN YOUR REACHES

Reclaiming the Heidhrinn Heart Simon and Schuster

The Eight Steps to Sei@r - how to arrive at your Calling! Are you looking for a hands-on Sei@r format? Feel overwhelmed by the spread-out references and dead languages? Ready to answer the Wild Call that seethes beneath the surface of your skin? Then it's time to Ride the Hedge, Run with Wolves, and Galdr Aloud the Eight Whispers of Sei�r Wisdom.

Odin's Gateways Citadel Press

Seiðr is profound intuition and ineffable wisdom, Völuspá is the

A Heathen's Guide Experiences & Advice On Magic & Spiritworking Asphodel Press

The great Norse sagas are full of magic and heroic deeds. Odin's wanderings, Thor's hammer, the death of Bakkur, the vision of Ragnarok - tales which have been told since time immemorial are given a fresh life in this version, written as one continuous exciting adventure story. With a brilliant introduction by Guardian Children's Fiction prize-winner, Michelle Paver. Puffin Classics contain additional endnotes for children including an author profile, a guide to who's who, activities and more.

Myths and Symbols in Pagan Europe iUniverse

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What do you do when you discover that your best friend at work sabotaged your promotion? Or if a neighbor suddenly decides that you don't belong in his town? What if a group of teens sets out to make your life a living hell? Silver's Spells for Protection contains tips for dealing with all these situations, and more. This book covers how to handle stalkers, abusers, and other nasties with practical information as well as magickal techniques. It also discusses some of the other irritants in life-like protecting yourself from your mother-in-law's caustic tongue and how to avoid that guy who's out to take your job.

The Sayings of Seidhr Routledge

A practical guide to the magic of the feminine side of the Norse pantheon • Provides invocations and rituals to call each goddess forth for personal and group spirit work • Details the author's trancework to discover the personalities and powers of Frigg the Allmother, wife of Odin, and the 12 lesser-known Aesir goddesses associated with her • Offers a comprehensive guide to tranceworking to connect with the deities Combining traditional research on folklore and the Eddas with trancework and meditation techniques, Alice Karlsdóttir was able to rediscover the feminine side of the Norse pantheon and assemble working knowledge of 13 Norse goddesses for both group ritual and personal spirit work. Detailing her trancework journeys to connect with the goddesses, the author reveals the long-lost personalities and powers of each deity. She explores the Norse goddess Frigg the Allmother, wife of Odin, along with the 12 Asynjur, or Aesir goddesses, associated with her, such as Sjofn the peacemaker, Eir the Healer, and Vor the Wisewoman. She shares their appearances in the Eddas and Germanic mythology and explains the meanings of their names, their relationships to each other, and their connections to the roles of women in Old Norse society. She provides detailed instructions for invocations and rituals to call each goddess forth for personal and group spirit work. She also offers a comprehensive guide to ritual tranceworking to allow anyone to directly experience deities and spiritual beings and develop spirit-work relationships with them.

Hrafnagaldur Odins Viking Society for Northern Research University College

A Völva was and is the ancient Norse equivalent of a Witch; a Healer who was also a Sorceress, who did holistic, organic root work and was most often a seer. In the past, a Völva was the equivalent of a medicine woman and often a spiritual priestess as well. This workbook was written for the advanced course in spaework taught by Ivy Mulligan, modern Völva and seiðkona. Welcome to the world of ancient Nordic magic, reinterpreted for the modern practitioner!

A Pagan Guide to Divine Relationships ABC-CLIO

This is a study of the history, lore, religion and magic of the Vanic branch of the Germanic way. Its contents will prove of extreme interest to those of the Wiccan path or modern witchcraft, for it is in the way of the Vanir, or Wanes, that their roots are to be found. From a manuscript originally titled "True Wicca." "This is an exciting book, and a breath of fresh air in a field that long needed the windows and doors thrown open!" -- Stephen A. McNallen, AFA

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City Gate, Open Up Bloomsbury Publishing

This magical account of King Arthur's last night on earth spent weeks on the New York Times best-seller list following its publication in 1977. Even in addressing the profound issues of war and peace, The Book of Merlyn retains the life and sparkle for which White is known. The tale brings Arthur full circle, an ending, White wrote, that "will turn my completed epic into a perfect fruit, 'rounded off and bright and done.'"

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original shamanic practices until the end of the Viking age. Remnants of Norse shamanic spirituality have survived in myths, folk traditions, and written records from Iceland, providing many clues about the ancient European shaman's world, especially when examined in conjunction with other shamanic cultures in northern Eurasia, such as the Sami and the tribes of Siberia. Reconstructing the shamanic practices of the hunter-gatherers of Scandinavia, Evelyn Rysdyk explores the evolution of Norse shamanism from its earliest female roots to the pre-Christian Viking Age. She explains how to enter Yggdrasil, the World Tree, to travel to other realms and provides shamanic journeys to connect with the ancestral shamans of your family tree, including the Norse goddess Freyja, the very first shaman. She offers exercises to connect with the ancient goddesses of fate, the Norns, and introduces the overnight wilderness quest of útiseta for reconnecting with the powers of nature. She explains the key concepts of Ørlög and Wyrd--the two most powerful forces that shape human lives--and provides exercises for letting go of harmful behavior patterns and transforming simple knowledge into profound wisdom by connecting with Óðinn. Thoroughly examining the shamanic rituals of seiðr, the oracular magic of the Nordic cultures, the author provides step-by-step instructions to prepare for and conduct a seiðr ceremony, including creating your own seiðr staff and hood, and explores the ancestral use of shamanic songs or varðlokur to accompany the ceremony. Woven throughout these exercises, Rysdyk provides archaeological evidence from Neolithic sites supporting the long tradition of venerating wise women, grandmothers, and mothers in ancient cultures and the important role of female shamans at the heart of northern European shamanism. Providing an accessible guide for anyone trying to fulfill their shamanic callings, these powerful rituals can provide personal healing and a clear path for finding our way into a harmonious relationship with the natural world.

<u>Sacred Lore of the North</u> Createspace Independent Publishing Platform

Introduction to contemporary Wiccan practices.

This Ancient Heart Moshpit Publishing

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Are you tired of hearing "you're doing it wrong"? Norse Witch by Connla Freyjason celebrates the Spirit of the Norse Tradition, fusing past with present towards a more magickal future. Rather than steadily looking backwards into the past, and treating History as the Letter of the Law, this book focuses on building a living, breathing faith that is as vibrant and electric as a Scandinavian night sky. We cannot live as our Ancestors did, nor should we really want to, but we can and should learn from them, and then take those lessons forward into our modern world. That is the soul of what it means to be a Norse Witch; to reclaim the Heidhrinn Heart. Participate in Godfinding; procure, bless, and ensoul your ritual objects; go wight-walking, and reclaim your Heidhrinn Heart, as you journey down this spiritual path, shimmering with the myriad colors of the Northern Lights. Highlights of your journey will include: Self-work Devotional Acts Godfinding Morality (Good vs. Evil) Jormungandr Ritual Objects; Sacred Tools Wight-Walking Angels Among Us: The Alfar, The Ancestors, and The Disir The Wild Hunt (Protection Magick) Runelore Magick for Manifestation Faring-Forth (Astral Travel) PLUS: Sojourns with Odin, Freyr, Freyja, Hella, Tyr, and Baldur! "As Norse Witches, we aren't Heathen, we're Heidhrinn. Note: those two words are pronounced exactly the same way. That's because they are etymologically identical, stemming from the same Old Norse root: Heidhr. The original Heidhr was Gullveig, after her "trial" at the hands of the Aesir (and specifically Odin Himself). Heidhr means "bright" or "clear," and is encountered so often throughout the Eddas and Sagas as the name of various

Llewellyn Worldwide

An experiential guide to the wisdom preserved in Europe's far north • Includes shamanic journeys to connect with deities and your ancestral shamans • Provides step-by-step instructions to prepare for and conduct a seiðr ceremony • Draws on archaeological evidence and surviving written records from Iceland • Reveals the long tradition of female shamans in northern European shamanism Shamanism is humanity's oldest spiritual tradition. In much of the Western world, the indigenous pre-Christian spiritual practices have been lost. Yet at the northern fringes of Europe, Christianity did not displace the volvas (or seidhrworkers; i.e., Norse Witches), that this suggests it may have become a title for such practitioners of Norse magick. Over time, as Christianity came to dominate the spiritual landscape of the Norse lands, the word Heidhrinn sprang up to denote those who still followed the "Old Ways"; the Pagan Path of the Norse. Today, that term survives as Heathen. Though often mistranslated as meaning "of the heath"-people who lived on the fringes of society in the countryside, and, therefore, clung to the "Old Ways"-in truth, the very word Heathen is actually a combination of the word Heidhr and the Old Norse suffix -inn, which is used to turn nouns into adjectives. Therefore, to be Heidhrinn is to be like Heidhr: a bright, clear, some might even say shining witch." -Connla Freyjason, Norse Witch: Reclaiming the Heidhrinn Heart, Chapter One: Northern Lights

The Ásatrú Edda Llewellyn Worldwide

In TROLLRÚN: A Discourse on Trolldom and Runes in the Northern Tradition, Nicholaj de Mattos Frisvold opens the door to landscapes little known outside of Scandinavia. These landscapes are populated by mythical beings and land spirits which offer a quite different approach to the Northern Tradition than what is usual. Here the Aesir have taken a backseat in favour of discussions on the wider tapestry of Northern wisdom, such as trolldom, seidr and the legacy left by the Black Books of magic under the larger theme of 'What the Trolls Told', comprising the first part of TROLLRUN. This is followed by a presentation of the Elder runes, runology, and rune magic, all rooted in Scandinavian ideas of the use of runes and their magic. TROLLRÚN views this landscape through the eyes of the cunning arts, where the ice, the frost, the midnight sun, and the majestic mountains and fjords become the orchestra of TROLLRÚN's wisdom, drenched in the powerful atmosphere of the magical north.

Trollrún Simon and Schuster

The Rites of Odin puts forth the message, in rites, practice, and background lore, that you are uniquely important. You are in

charge of your own destiny. The family and friends who constitute your "extended family" are also important: by working together and helping one another, all of you can prosper and be happy.

Essential Asatru Manchester University Press

The Vikings Reimagined explores the changing perception of Norse and Viking cultures across different cultural forms, and the complex legacy of the Vikings in the present day. Bringing together experts in literature, history and heritage engagement, this highly interdisciplinary collection aims to reconsider the impact of the discipline of Old Norse Viking Studies outside the academy and to broaden our understanding of the ways in which the material and textual remains of the Viking Age are given new meanings in the present. The diverse collection draws attention to the many roles that the Vikings play across contemporary culture: from the importance of Viking tourism, to the role of Norse sub-cultures in the formation of local and international identities. Together these collected essays challenge the academy to rethink its engagement with popular reiterations of the Vikings and to reassess the position afforded to 'reception' within the discipline.

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REVIEW OF SEIDR THE GATE IS OPEN

• Don't question it. As a complete Shakeperean collection, this book is, by far, the best one of its kind. If you love sonnets, plays, or crave the rush of owning a complet book such as this one, you will undoubtedly enjoy receiving its weighty wisdom in the mail. Whether a curious browser or an avid Shakesperean, you'll find it a literary treasure.

• None of the pages were folded or wrinkled, and the binding hasn't been broken. Would recommend your company to others